



KINGDOM
MINISTRIES

EQUIPPING

AUGUST 2010

Effective Prayer

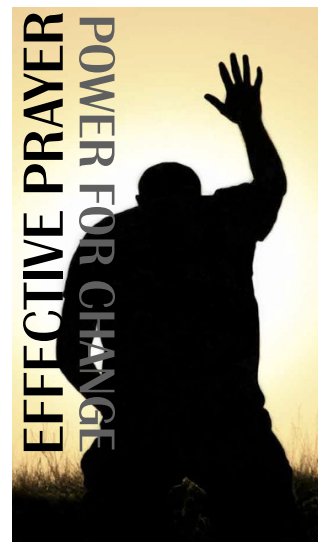
As you might expect, we receive a fair amount of prayer requests from a variety of individuals who have a particular need or who want some additional help as they pray for those they love and care about. Since my responses to these requests or conversations are repetitive, I thought it might be helpful to write out a *checklist* to cover some of the key questions I ask and to share some principles for what we have found to be an effective approach to prayer. This format is only a summary of the larger teaching on biblical prayer and authority that is provided in our training material, online resources, and live seminars.

Let me encourage you to work through this outline or *checklist* for a period of time and in agreement with others. Also, be sure to record or journal progress as well as the difficulties you encounter and the questions you have. If you would like to join with others in a corporate prayer setting to understand and utilize this approach, then you are welcome to join us on the **3rd Thursday of each month** from 7 – 8:30pm here at our Kingdom Ministries' office. However, please understand we are only offering these gatherings to provide a temporary resource and means of support for you and those you share life with; those who desire to pray for

you and your loved ones, your church, and your community. Our goal is to equip you to pray and minister in and for your own church body and its leadership. We want to help you connect in prayer within your immediate community of faith with those close to you who know you and care about the needs and issues you are facing.

We look forward to what God will do through your faithful, diligent and effective prayers. Please share your testimonies, struggles and victories with us along the way. Thank you.

Keith Martens, M.Div.,
Executive Director



Effective Prayer & The Power for Change
An Equipping the Saints Seminar presented by Kingdom Ministries

September 17—18
Bethany Church, Fresno

To Register:
Visit our website:
www.kingdomministriesintl.org
Or call our office:
559.226.2750

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A Checklist for Effective Prayer

What Does God Want?

- ~ Ask the Holy Spirit to guide you in searching for God's promises and various Scripture passages related to your particular situation.
- ~ Write or type and print them out (index cards work great too).
- ~ Your purpose here is first identify and become familiar with what God has promised you, what He wills and desires.
- ~ The foundation for faith is God's Word and His faithfulness in who He is and in what He's done.
- ~ (all the promises. . . and backed by the honor of your name)

Address God Personally & Directly –

- ~ Invite God's presence and be consciously aware that He is present just like He promised. Even though you do not see him you love him. . . In you. . . with you
- ~ Audibly and authoritatively forbid and banish any influence or presence of the evil one e.g., *"If there is any influence present that is opposed to my fellowship and communion with the Lord Jesus Christ, I now command you in Jesus' Name to leave and go to the feet of Christ to be judged."*
- ~ Begin speaking to Jesus in an audible and normal conversational tone of voice.
- ~ Talk to Him in a personal and familiar manner by acknowledging who He is and thanking Him for what He has done.
- ~ Use various names or characteristics of God that are consistent with His Word, His nature, and the nature of your particular need.
- ~ Affirm and declare His Lordship and dominion. Let this be a time of worship, praise and adoration.

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EQUIPPING

Financial Update July 31, 2010

YTD Expenses:
\$196,372

YTD Income:
\$162,218

Our Immediate Need:
\$34,154

Please pray for the financial provision necessary for Kingdom Ministries to continue in the mission to equip the Church for the ministry of Jesus Christ.



**Joan Martens, M.A.,
L.M.F.T. Director**

Kingdom Counseling Center

We offer individual, group, marriage and family therapy. If you or a friend would like to pursue emotional health, please call us: **559.226.2750**



**Carrie Wood, M.S.,
Intern Counselor**

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Listen

- ~ Verbally submit your mind, will, and emotions to Christ's control
- ~ Ask or claim the "mind of Christ" that He's given you and "in Jesus' Name" forbid any influence or distraction that would keep you from communing with Jesus through the Holy Spirit.
- ~ Spend some time "listening" or being silent in His presence and simply write down or journal the thoughts, images, or impressions you are having.
- ~ Instead of trying to think in advance about what you want to say, simply verbalize and pray about those things that come to mind.
- ~ Evaluate or "test" the things that come to mind in light of God's word to measure their consistency with His truth.

Declare God's Truth & Promises

- ~ In contrast to making a request or pleading, begin to declare aloud what God has promised and said in His Word.
- ~ Instead of just quoting His words and promises it is important to assert them by declaring them as His absolute truth and the expression of His Sovereign will. For example:
Sovereign Lord, as you have promised (Lk. 2:29)
O Lord, you have said . . . (Exodus 33:12-23) (Gen. 32:9-12)

Use Christ's Authority

- ~ To forbid and expel any potential influence of evil that may be involved in your particular situation or that is opposing the will or promises of God in regard to your request
- ~ Speak audibly and directly to any suspected evil spiritual influence giving clear, specific, directed and firm commands that represent God's will, promises, and truth. For example:
"It is written . . . away from me Satan!" (Matthew 4:1-11)
"In the Name of Jesus Christ I command you . . ." (Acts 16:16-18)

Declare & Recall What God Has Done

- ~ Recall and audibly declare the things God has done—things He's done in the past as recorded in His Word and/or those things you've experienced in your personal life and have witnessed in the lives of others as evidence of His faithfulness.
- ~ Declare them as an act of worship, an expression of faith, and an acknowledgement of His faithfulness in *making your case* (Psalm 105; Acts 4:24-31)

Build Your Case & Make Your Request

- ~ Ask, petition and appeal to God with your request in keeping with what He's said, done, and according to who He is and what He desires (His will).
- ~ Give your reasons for why God should grant your request by appealing to His Word, His promises, His nature (who He is), and His faithfulness expressed in what He's done.
- ~ With complete honesty, verbalize your true feelings to Him about your requests, desires, frustrations and fears (Genesis 32:11; 2 Chron. 20; Isaiah 38:1-4; Mk. 14:34)

Gather With Others

- ~ There is greater power and effect when you gather with others to battle in prayer. So, if at first you don't succeed, try gathering with two or more to pray and contend with you in regard to your situation. This, along with using the authority Christ has given you are the two most under-utilized and most effective tools God has given us to accomplish His purpose in prayer (Matthew 18:19-20)
- ~ Include a person having authority over or who is related to your particular need or situation—this might be a father or husband, the head of a household, or a business owner and preferably a male when possible.

Fasting & Prayer

- ~ Jesus assumed that we would fast. "When you fast . . ." (Mt. 6:17)
- ~ Fasting is getting serious and purposeful about getting God's way in your particular situation; for what we sacrifice in the natural, we gain in the spiritual.
- ~ Use the time gained from what you are fasting from (food, television) to pray and contend.
- ~ Ask others to pray for your strength and protection so you can focus on the matter at hand

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Watch, Wait & Record

- ~ In most cases the prayers of the Bible record some kind of response to the individual's prayer. It is most often a direct answer or recognizable action or indication of change.
- ~ So, be watchful and look forward to what God will do and be mindful of the way He responds.
- ~ Be expectant, but not in the sense of how you think it might or should turn out. However, you can always be expectant, of God's willingness to answer and act in His way!

Be Alert!

- ~ Always be aware that prayer is a battle and is a powerful instrument for affecting change. It will provoke and initiate activity in the spiritual realm.
- ~ Therefore it is equally important when praying to regularly
- ~ Utilize the authority you've been given in Christ to forbid and confront influences of evil as they seek to hinder and effect times of prayer, Bible study, those who are praying and the things being prayed for.

If you would like more information or would like to discuss hosting a seminar, teaching series, or speaking engagement in your church, ministry, or fellowship please call (559.226.2750) or visit our website at www.kingdomministriesintl.org.



Keith Martens, M.Div.
Executive Director
Kingdom Ministries, Inc.

Event Calendar

August 7-14: Family Camp in Ontario, Canada

September 17-18: Seminar at Bethany Church in Fresno, CA: *Effective Prayer: Power for Change*

October 10-15: TREK Discipleship Training in Abbotsford, British Columbia

November 8-12: YWAM Discipleship Training in Honolulu, HI

Practical Needs

A person/persons to underwrite the cost of filming and producing our *Effective Prayer* series at a cost of \$4,500, to enable us to produce our small group and home training series.

A DVD/CD duplicator and label printer at a cost of \$600.

Window Shades for our counseling & ministry offices.

Insulation for our attic to reduce A/C expense.

Prayer Needs

Please pray for the financial provision necessary for Kingdom Ministries to continue in the mission to equip the Church for the ministry of Jesus Christ.

Please pray for the relationships and support of churches and ministry leaders— the clarity of a common vision.

Praise!

Thank you, Jesus, for the financial gifts that enabled us to make our payroll for June 30th and July 15th, and install a much needed new air conditioner for our office! We ask, Jesus, that you would bless the families who prayed about our need and then responded as you led them to give!

Your Prayers & Support Reach India

-George Freeman

In February, Cindy and I were invited to teach for one week at the Discipleship Training School (DTS) at the Youth With A Mission (YWAM) base in Honolulu Hawaii. After their two months of DTS, the students traveled to different parts of the world to minister and returned with wonderful stories of God's great power and His love for people.

The following testimony is from one of the students by the name of Noree:

Praying for a former Hindu lady

"The lady I am praying with (in picture) had been a Hindu and was dealing with issues regarding snakes. She believed those issues were a result of past worship of snakes while she was a Hindu. So I put your awesome pamphlets to use (of course it's God and the Holy Spirit that did the

work, but the pamphlets are an awesome guideline to use in those situations) and we canceled those effects in Jesus name, leading her to freedom! Thank You Jesus!"

-Noree

Thank you for helping to advance His kingdom throughout the world! If you would like to offer support for the November training session at YWAM Honolulu, call our office: 559.226.2750



Noree praying with a woman in India with the help of a translator. The Card in her hand is one of the many resources produced here at Kingdom Ministries.

In Their Own Words

73% of participants said this seminar would have a “huge impact” on their personal life.

87% of participants rated this course “very good” or “exceptional”



“Effective Prayer: Power for Change” seminar July 10th at New Harvest Church in Clovis

Victory Christian Fellowship

Following are testimonies from those who attended the seminar on June 12th that guided participants through the *Prayer Ministry Binder*:

“This course has made me more aware of my need to depend on the Holy Spirit to lead me through a ministry session, asking Him to

reveal.”

“The course materials are excellent. Very clear presentation. Appreciate the step by step breakdown.”

“God has been showing me that I need to be praying over my church each Sunday morning and I believe the ‘environment prayer’ will be so useful for that”

“I feel like this is the beginning of something in my life. What I learned here will help me so that I can help others”

“Really enjoyed the presentation and materials. I intend to incorporate these principals into our healing ministry”

New Harvest Church

The following are some testimonies from people who participated in the Kingdom Ministries’ Seminar *Effective Prayer: Power for Change* on July 10th:

“I have prayed that God would show me how Jesus prayed on earth— show me how to pray effectively/correctly. I understand now that by His authority comes power and change. Awesome”

“He has opened my eyes to the crucial role I play in the battle. I am ready to roll. I feel so much more empowered now. Thank you!”

“Now I’m understanding how to rely on Jesus first and foremost and His Holy Spirit to expose deception, bring discernment.”

“I am in the midst of an extreme storm with many issues in my family. (Through this seminar) God has given

me new, powerful tools to begin to change my life. My eyes are opened.”

“This is what I needed to get back on the “battlefield.” What an encouragement to my spiritual life! I will pray for those in my church to have open eyes and ears for this understanding.”